

androide
wellness



IN THE UNIVERSE EVERYTHING VIBRATES

The WORLD consists of MATTER in
continuous MOVEMENT.
Any MOVEMENT
generates VIBRATION.
Vibration is ENERGY.
The entire UNIVERSE VIBRATES,
and our body vibrates with it

(Albert Einstein)
(Isaac Newton)
(Jean-Martin Charcot)



THE HUMAN BEING is part
of this COSMIC REALITY,
which manifests outwards and inwards



TO THE ROOTS OF MINDFULNESS

THE ROBOT IS A COMPOSITE OF ARTIFICIAL INTELLIGENCE PERFORMING a pre-designed algorithm. It carries out a constant, error-free process.

A valuable, surprising and simple technique that helps you relax **naturally** and enter the dimension called **mindfulness**.

To summarise, we could say that **vibrational mindfulness** is an **innovative method** developed by a **robot**. It leads you into a state of **total relaxation, where you are not judged**.

Awareness is something natural, **something you perceive, you feel**. The new technique of **modulated vibration** with specific **HERTZ** accompanied by **sound** synchrony removes the **hindrance of the mind**. This way, everything happens spontaneously, allowing you to **enter** a state of **total awareness and peace**.

Cultivating self-presence in a state of **relaxation** is not a way of avoiding **life's challenges**. It is not a **miraculous thing** that frees one from illnesses, **soothes or heals**. Instead, it helps people **manage changes** better, making it easier to meet the challenges that **life inevitably proposes**. A feeling of **inner** solidity makes you **confident** in your **physical** strength and, in particular, **in your soul**. At the same time, it gives you some **clarity** that **helps you avoid** being overwhelmed by **unnecessary enthusiasm**.

You can use your thoughts more effectively than before, and you realise that there is a living depth within your being that vibrates with peace and does not condemn.

The well-being of the robot

ROBOTS of the future? They will be more and more indispensable, sophisticated and autonomous.

Robotics is set to hold **many surprises** in store for us in the coming years.

According to scientists and futurologists, **ROBOTS** will become a constant presence in your life and **every moment of your day.**

Twenty years ago, you could not imagine that **nowadays** you would not be able to live without your **smartphone** or **tablet.**

And yet **it is now.** Think about how many things you do with these **devices** so that **you couldn't imagine ever being without them.**

The same thing **will happen** with **ROBOTS.** Imagine how nice it will be **to have a personal assistant to help you improve your well-being.**

The well-being of the robot

In practice, it is a form of **self-care** that activates several **essential qualities:** first and foremost, respect for **who you are**, accompanied by **your abilities**, which allows you to grasp **your strengths and weaknesses calmly.** A little practice is enough to **acquire confidence** that turns into **optimism.**

People are finding it increasingly **difficult to sleep nowadays.** **Psychologists** say that if this trend **continues**, the day will soon come when only a few **will sleep naturally.** Sleep will have to be induced **with the help of chemistry.**

While you are asleep, you **partially** surrender, but you are never **totally relaxed;** you continue your manipulative activity even during sleep: **you are probably dreaming of fighting, protecting something or someone and doing the same things you do when you are awake.** **You are never in a state of deep surrender.**

THE NEW PHILOSOPHY

Because of this never letting go, we are constantly stressed and can never relax deeply.

It is known, for example, that two-thirds of the time people go to the doctor, the main problem is related to stress and anxiety, with states of depression.

If you identify with the layer of external concerns, you quickly fall into the grip of anxiety and distress.

Being relaxed helps reduce nervous hunger caused by stress. When you are relaxed, you also enhance your performance, whatever it may be.



Quantum physics heals your body and your mind

Quantum physics assumes that illness and stress are linked to a magnetic field distortion that regulates our cellular chemical reactions.

From those perceived by senses to the less well-known, like soul and psyche, any component of the human being is dialoguing subtly. Between them, there is a continuous exchange of energy and information that ensures that the human being, if healthy, is in a harmonious state.

This technique is based on the idea of 'energy blockage', which occurs when an organ stops vibrating at its specific frequency.

This situation harms a person's emotional condition and health.

The bioenergetic vibrational treatment stimulates the mechanoreceptors. If subjected to adequate vibrational stimuli, these sensitive structures resonate with the body's frequencies. A psychophysical and psychological change is thus established, resulting in a physical and emotional response.

It is also possible to rebalance and modulate electrical activity in the brain: acting on the liquid component (our body consists of 80% water) produces a physical and emotional response.

The practice of healing by skilfully using vibrations in synchronisation with sound promotes the unblocking of energy, involving the entire nervous system.

Music therapy uses specific tones translated into Hertz, in combination with vibrational bioenergetics, to promote psychophysical well-being by increasing emotional balance. This technique can influence the pulse, heart rate, and blood pressure by promoting better brain oxygenation. It also indirectly causes an increase in endorphins and anti-stress hormones.

Reactions occur without our will's intervention and generate tiny movements that can be recorded as vibratory waves.

When correctly modulated and coordinated, vibrations turn the body into a resonance chamber and induce resynchronisation, a prelude to harmony and well-being.

The Androide robot was designed and developed after years of research and experimentation, drawing on the most significant experiences of researchers, to re-establish harmony between our organism, our mind, and the world.





The interview

Dr Masserini talks about *Androide*



DR MASSIMO MASSERINI

Clinical psychologist and Sports psychologist
Psychotherapist at Papa Giovanni XXIII
Hospital, Bergamo (Italy)

“Music therapy accompanied by bioenergetic vibrational massage helps both mind and body: it has rehabilitative and therapeutic effects. It allows you to enter into your deep dimension, isolating yourself from the outside world and promoting positive change by using your natural resources.

During therapy, I find it very useful to include a few sessions of *Androide* treatment.

The results are excellent, and the patients immediately feel very relaxed; their breathing is much more natural and less rapid.
They report that they sleep better at night.”

WHAT ARE THE BENEFITS? WHAT IS THE ADDED VALUE?

The benefits are very rapid. Through music therapy and inductive massage combined with bioenergetic vibration, the patient promotes the discovery of their desiring unconscious by activating and promoting ideas and suggestions from their deepest thoughts.

WHAT FEEDBACK DID YOU GET FROM YOUR PATIENTS?

I have had excellent feedback in both the short and medium term. I believe that using this tool in stressful situations is very helpful in finding a profound dimension of relaxation.

IN YOUR OPINION, IN WHICH OTHER AREAS COULD IT BE USEFUL?

I believe it is very effective in well-being and psychophysical rehabilitation. It can be beneficial for particular psychosomatic rehabilitation such as fibromyalgia and chronic pain and for treating older people with physical handicaps.

I would also recommend *Androide* to people who are not involved in competitive sport but still want to promote their psychophysiological well-being to face their daily challenges more effectively.

YOU ARE PERSONALLY USING ANDROIDE. CAN YOU TELL US ABOUT YOUR EXPERIENCE?

I use it frequently because it helps me to 'disconnect' from the difficult moments in my profession. Trauma therapy, for example, takes up a lot of my psychic energy. An *Androide* session helps me overcome my difficulties in dealing with painful and traumatic situations of my patients.

“The Androide robot was designed and built after several years of research and experimentation, based on the most significant experiences of researchers, to re-establish harmony between our body, our mind and the world.”

The treatments



It improves venous return with a lymph-draining effect, thus reducing swelling and leg fatigue. It promotes a sense of lightness throughout the body. It improves athletic abilities in sportspeople and physical skills in sedentary people.



It facilitates emotional relaxation and prepares you for rest, improving your sense of well-being and inner peace.

This treatment can be compared to 5 hours of deep sleep.



It stimulates circulation and lymphatic drainage with a restructuring, antioxidant, and moisturising function: the three actions improve the aesthetic appearance by promoting cell turnover.



It improves physical and psychological well-being and relieves anxiety and stress. The treatment with guided induction releases the subject's "emotional blocks" to release psychosomatic tensions while invigorating the mind.

If you are interested contact us

E-Mail

info@androidewell.com

Phone

+39 335 801 3412



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